

Foam Squeeze Stress Ball



Brand: Aidapt
Product Code: VM708/VM708A
Availability: 20
Weight: 0.03kg

Price: £4.49

Short Description

The Squeeze Ball (or Stress Ball as they're often called) is great for physical therapy and rehabilitation.

Description

The Squeeze Ball (or Stress Ball as they're often called) is great for physical therapy and rehabilitation. They can be used to strengthen the hand, wrist and forearm and improve grip and flexibility. They can also be used to aid relaxation and provide stress relief by simply squeezing and breathing deeply - perfect in a stressful work environment or if you are giving up smoking, for example. Ideal if you have smaller hands, or have difficulty in gripping a larger size, the Squeeze Ball (Stress Ball) from Aidapt is available in two colours and makes an ideal gift.

- Available in 2 cheerful colours!
- Can help to strengthen grip and improve flexibility
- Also useful as a relaxation aid or to relieve stress
- Smaller size is perfect for petite hands and weakened grips
- Ideal for rehabilitation, exercise and physical therapy

	VM708	VM708A
Net weight (kg)	0.025	0.025
Colour	Orange	Green

Diameter (mm)

50

50

Main body material

PU Foam

PU Foam

[Read more about VAT Exemption](#)

Product Gallery

